

Mantoux Test Requirements and Instructions

New Jersey State regulations require that **all new volunteers have a two-step Mantoux tuberculin skin test(2 injections, 2 weeks apart)** before they are assigned to a volunteer position in the medical center. You may have this test done by your own healthcare provider, or you may have it done through the Employee Health Department of Raritan Bay Medical Center. The Mantoux test and test readings are offered at no cost to the volunteer.

If you choose to have the Mantoux test done at the medical center, please follow the steps outlined below:

- The Employee Health office will be providing the Mantoux test in the Perth Amboy Division at 500 Lawrie Street, which is across from the Emergency Room. Call the Employee Health office at (732) 293-2290 every Monday to find out what day and time is available to accommodate. The volunteer office will provide the dates and times for the test at the Old Bridge Division on a monthly basis.
- If you are under the age of 18, you must have written parental permission for the test (orange form included in the application packet). You must bring the orange permission form with you in order to receive the test.
- After you receive the skin test, a nurse will give you a form, which indicates when you must have your arm looked at.

Exceptions:

1. Volunteers who provide documentation of negative results of a single Mantoux skin test performed within the 12 months preceding the start of active service will still require the 2 step Mantoux skin test upon hire.
2. Volunteers with prior documentation of negative results of two Mantoux skin tests performed within 12 months preceding the start of active volunteer service, and without signs and symptoms of active tuberculosis, shall not be required to test upon hire; however, a Mantoux skin test shall be required within 12 months of the last TB skin test.
3. Volunteers who provide documentation of positive Mantoux skin test results shall be exempt from skin testing.
4. Volunteers who provide documentation of having received and completed appropriate medical treatment for active TB disease or latent TB infection shall be exempt from skin testing. A TB questionnaire must be completed annually as part of their compliance.

On the day you are having your arm read:

- You must bring the form, which was given to you when you received the skin test. This is the documentation required for the Mantoux Test. (Students in high school may have a school nurse read their arm and sign the form.)

The volunteer office will be informed of the results of your Mantoux Test. If the test is negative, your application will continue as normal

If your Mantoux test shows a positive reaction, follow the directions below:

- Do Not Panic. A positive reaction to the Mantoux test does not necessarily mean that you have Tuberculosis. It may indicate that you have been exposed to the Tuberculosis bacteria at some point in your life, but it is not currently active in your body. This means that you are not contagious.
- To determine whether the Tuberculosis is active you must have a chest x-ray. This can be done at the medical center, at no charge to you.
- Call the medical center's Employee Health department at (732) 293-2290. They will need your name, address, and date of birth to prepare the x-ray request form.
- The x-ray request will then be mailed to you. Once you receive it, bring it with you to the medical center's radiology department. At the Old Bridge Division, you may have an x-ray taken from 8 a.m. - 8 p.m. Monday to Friday, or 8 a.m. - 4 p.m. on Saturday. At the Perth Amboy Division, you may have your x-ray taken between the hours of 8 a.m. – 8 p.m. Monday to Friday, or 7 a.m. – 3 p.m. on Saturday and Sunday. An appointment is not necessary for either location.
- ***We recommend that anyone having a positive reaction follow up with his or her personal healthcare provider. In some cases, medication may be necessary.***

Once again, the volunteer office will be informed of the results of your chest x-ray. If medication is necessary, your application will be placed on "HOLD" until your physician provides medical clearance for you to volunteer at the hospital.

Thank you for your cooperation. Please contact Volunteer Services at (732) 324-5006 or the Employee Health Office at (732) 293-2290 if you have any questions or concerns.